



# **Purposeful Activities Grid Example**

	Income/ Savings	Biz Devel	"Feel I Should"	Family	Community Connection	Passion/ Pleasure	Profess. Devel	Health	Feels Purposeful	T. Source Opinion
Individual Clients	X	X			X	X			yes	YES
Corporate Consulting	X	X	X				X		not sure	NO
Time with Family			X	X	X	X			yes	YES
Hiking/Nature Weekends						X		X	no	YES
My 1st Book	X	X				X	X		yes	YES
My Blog		X			X	X	X		yes	YES
Volunteer at School		X		X	X				yes	YES
Board Member		X	X		X		X		yes	NO
Personal Bookkeeping	X		X						yes	NO
Business Bookkeeping	X		X						no	NO
Training #1						X	X		yes	YES
Training #2							X		yes	YES
Training #3						X	X		no	NO